

## ABSTRAK

### HUBUNGAN ANTARA *SELF DISCLOSURE* DENGAN RESILIENSI PADA REMAJA DI PANTI ASUHAN KHUSUS ANAK MENTAWAI GURUN LAWEH NAN XX

Penelitian ini bertujuan untuk mengetahui hubungan antara *self disclosure* dengan resiliensi pada remaja panti asuhan khusus anak mentawai gurun laweh. Variabel penelitian yaitu *self disclosure* (x) dan resiliensi (y). Metode pengumpulan data menyebarkan kuesioner dengan sampel 80 orang remaja di panti asuhan khusus anak Mentawai Gurun Laweh Nan XX. Alat ukur yang digunakan dalam penelitian *self disclosure* dan resiliensi menggunakan teknik *sampling* total. Metode analisis data yang digunakan untuk pengujian hipotesis dalam penelitian ini adalah dengan menggunakan korelasi *statistic Product Moment Pearson* dengan bantuan *IBM SPSS 21.0 for windows*, yang menunjukkan bahwa nilai koefisien korelasi  $r = 0,817$  dengan nilai (p) sig = 0,000, karena nilai (p) sig =  $0,000 < 0,1$  yang berarti terdapat hubungan yang sangat signifikan antara *self disclosure* dengan resiliensi pada remaja di panti asuhan khusus anak mentawai gurun laweh nan xx, dengan arah positif artinya semakin tinggi tingkat *self disclosure* maka semakin rendah tingkat resiliensi, dan sebaliknya jika semakin rendah tingkat *self disclosure* maka semakin tinggi tingkat resiliensi pada remaja di panti asuhan khusus anak mentawai gurun laweh nan xx, berarti hipotesis diterima. Sumbangan efektif variabel *self disclosure* dan resiliensi 66,74%.

**Kata Kunci :** *self disclosure*, resiliensi, remaja, panti asuhan, korelasi

## **ABSTRACT**

### ***RELATIONSHIP BETWEEN SELF DISCLOSURE AND RESILIENCE IN ADOLESCENTS IN THE SPECIAL CHILDREN'S ORPHANAGE, MENTAWAI GURUN LAWEH NAN XX***

*This study aims to determine the relationship between self-disclosure and resilience in adolescents at the Mentawai Gurun Laweh orphanage. The research variables are self-disclosure (x) and resilience (y). The data collection method is distributing questionnaires to a sample of 80 adolescents at the Mentawai Gurun Laweh Nan XX orphanage. The measuring instrument used in the study of self-disclosure and resilience uses a saturated sampling total. The data analysis method used for hypothesis testing in this study is by using Pearson Product Moment statistical correlation with the help of IBM SPSS 21.0 for windows, which shows that the correlation coefficient value  $r = 0.817$  with a value of (p) sig = 0.000, because the value of (p) sig = 0.000 < 0.1 which means that there is a very significant relationship between self-disclosure and resilience in adolescents at the Mentawai Guratan Laweh Nan XX orphanage, with a positive direction meaning that the higher the level of self-disclosure, the lower the level of resilience, and vice versa if the lower the level of self-disclosure, the higher the level of resilience in adolescents at the Mentawai Guratan Laweh Nan XX orphanage, meaning that the hypothesis is accepted. The effective contribution of the self-disclosure and resilience variables is 66.74%.*

***Keywords: self-disclosure, resilience, adolescents, orphanages, correlation***