

ABSTRAK

HUBUNGAN ANTARA DUKUNGAN SOSIAL DENGAN *PSYCHOLOGICAL WELL BEING* PADA PERAWAT RUMAH SAKIT MADINA KOTA BUKITTINGGI

Penelitian ini bertujuan untuk mengetahui hubungan antara Dukungan Sosial dengan *Psychological Well Being* pada Perawat Rumah Sakit Madina Kota Bukittinggi. Variabel bebas dalam penelitian ini adalah Dukungan Sosial dan variabel terikatnya adalah *Psychological Well Being*. Alat ukur yang digunakan dalam penelitian ini adalah skala Dukungan Sosial dan skala *Psychological Well Being*. Teknik pengambilan sampel adalah *sampling* jenuh yaitu teknik penentuan sampel dimana semua anggota populasi dijadikan sampel. Sampel dalam penelitian ini adalah Perawat Rumah Sakit Madina yang berjumlah sebanyak 56 orang. Uji validitas dan reliabilitas dalam penelitian ini menggunakan teknik *Cronbach Alpha*. Hasil koefisien validitas pada skala Dukungan Sosial dengan nilai *corrected item-total correlation* berkisar antara 0,306 sampai 0,664, sedangkan koefisien reliabilitasnya sebesar 0,900. Hasil koefisien validitas pada skala *Psychological Well Being* dengan nilai *corrected item-total correlation* berkisar antara 0,317 sampai dengan 0,764, sedangkan koefisien reliabilitasnya sebesar 0,938. Berdasarkan analisis data, diperoleh nilai korelasi sebesar 0,409 dengan taraf sinifikansi 0,000 yang berarti hipotesis diterima. Hal ini menunjukkan bahwa ada hubungan yang signifikan dan positif antara Dukungan Sosial terhadap *Psychological Well Being* pada Perawat Rumah Sakit Madina Kota Bukittinggi. Kontribusi efektif dari variabel Dukungan Sosial pada variabel *Psychological Well Being* adalah sebesar 16,72%

Kata kunci : Dukungan sosial, *psychological well being*, perawat

ABSTRACT

THE RELATIONSHIP BETWEEN `SOCIAL SUPPORT AND PSYCHOLOGICAL WELL BEING OF NURSES AT MADINA HOSPITAL CITY OF BUKITTINGGI

This study aims to determine the relationship between Social Support and Psychological Well Being in Nurses at Madina Hospital in Bukittinggi City. The independent variable in this study is Social Support and the dependent variable is Psychological Well Being. The measuring instrument used in this study is the Social Support scale and the Psychological Well Being scale. The sampling technique is saturated sampling, which is a sampling technique where all members of the population are sampled. The sample in this study was 56 Madina Hospital Nurses. The validity and reliability tests in this study used the Cronbach Alpha technique. The results of the validity coefficient on the Social Support scale with a corrected item-total correlation value ranged from 0.306 to 0.664, while the reliability coefficient was 0.900. The results of the validity coefficient on the Psychological Well Being scale with a corrected item-total correlation value ranged from 0.317 to 0.764, while the reliability coefficient was 0.938. Based on data analysis, a correlation value of 0.409 was obtained with a significance level of 0.000, which means that the hypothesis is accepted. This shows that there is a significant and positive relationship between Social Support and Psychological Well Being in Nurses at Madina Hospital, Bukittinggi City. The effective contribution of the Social Support variable to the Psychological Well Being variable is 16,72%.

Keywords : Social support, psychological well being, nurses