ABTRACK

**HUBUNGAN ANTARA KEMATANGAN EMOSI DENGAN
AGRESIVITAS PADA SISWA DI SMKN 8 PADANG**

Penelitian ini bertujuan untuk mengetahui hubungan antara kematangan emosi dengan agresivitas pada remaja. Penelitian ini menggunakan metode penelitian kuantitatif. Tehnik sampling yang digunakan adalah teknik *stratified random sampling* dengan 217 orang remaja sebagai sampel. Instrumen dalam penelitian ini menggunakan skala kematangan emosi yang telah diuji validitasnya 32 aitem dengan koefisien reliabilitasnya 0,938 dan skala agresivitas yang telah diuji validitasnya menjadi 32 aitem dengan koefisien reliabilitas 0,931. Analisis data menggunakan korelasi product moment dengan toleransi kesalahan 5%. Hasil analisis sata menunjukkan nilai koefisien korelasi sebesar -0,426 (r = -0,426) dengan taraf signifikansi 0,000 (p = 0,000) maka Ha diterima yang artinya terdapat hubungan antara kematangan emosi dengan agresivitas pada remaja dengan hubungan negatif antara kedua variabel tersebut. Berdasarkan hasil analisis data, maka dapat diambil kesimpulan semakin rendah kematangan emosi yang dimiliki oleh remaja, maka akan semakin tinggi perilaku agresivitas, begitu pula sebaliknya.
Kata Kunci : Kematangan Emosi, Agresivitas dan Siswa SMK

ABTRACK

THE RELATIONSHIP BETWEEN EMOTIONAL MATURITY AND
AGGRESSIVENESS IN STUDENTS OF SMKN 8 PADANG

The aim of the study was to know the relation between emotional maturity and aggressiveness on adolescent. This study was used quantitative research method. Technique sampling was used stratified random sampling technique with 217 adolescent as samples. The instrument in this study were the scale of emotional maturity which has been tested for validity to be 32 items and reliability with coefficient of reliability 0,938 and aggressiveness scale which has been tested for validity to be 32 items and reliability with coefficient of reliability 0,931. Data analysis which was used in this study was Product moment correlation with error level of 5%. Based on the data analysis, it was obtained the value of correlation coefficient was -0.426 (r = -0.426) by significance level 0.000 (p = 0.000), so Ha was accepted which means that there is a relationship between emotional maturity and aggressiveness on adolescent by the negative relationship value between those two variables. It can be concluded that the lower emotional maturity on adolescent, will followed by the higher aggressiveness, and vice versa.

Keywords: Emotional Maturity, Aggressiveness, Adolescent