

## ABSTRAK

### HUBUNGAN *PROBLEM FOCUSED COPING* DENGAN RESILIENSI AKADEMIK PADA SMA N 2 KOTA SOLOK

Penelitian ini bertujuan untuk melihat apakah adanya Hubungan *Problem Focused Coping* Dengan Resiliensi Akademik Pada Siswa SMA N 2 Kota Solok. Penelitian ini dilakukan pada siswa kelas X, XI dan XII SMA N 2 Kota Solok dengan jumlah sampel 217 orang, metode penelitian menggunakan penelitian kuantitatif dengan teknik pengambilan sampel random sederhana (*simple random sampling*). Adapun alat ukur yang digunakan dalam penelitian ini adalah skala *problem focused coping* dan skala resiliensi akademik. Hasil koefisien validitas pada skala *problem focused coping* berkisar antara 0,339 sampai dengan 0,830. Hasil koefisien validitas pada skala resiliensi akademik berkisar antara 0,325 sampai dengan 0,749. Dengan koefisien reliabilitas *problem focused coping* sebesar 0,937 dan pada skala resiliensi akademik sebesar 0,912. Berdasarkan hasil penelitian, diperoleh nilai korelasi sebesar  $r = 0,547$  dengan taraf signifikansi 0,000, uji hipotesis menunjukkan hubungan *problem focused coping* dengan resiliensi akademik pada siswa SMA N 2 Kota Solok dan diperoleh adanya hubungan antara keduanya bertaraf positif. Semakin tinggi *problem focused coping* maka semakin tinggi resiliensi akademiknya, sebaliknya semakin rendah *problem focused coping* maka semakin rendah pula resiliensi akademiknya. Adapun sumbang efektif dari variabel *problem focused coping* dengan resiliensi akademik pada siswa SMA N 2 Kota Solok sebesar 30%.

**Katakunci : *problem focused coping*, resiliensi akademik, siswa, SMA, Korelasi**

## **ABSTRACT**

### ***THE RELATIONSHIP BETWEEN PROBLEM FOCUSED COPING AND ACADEMIC RESILIENCE AT SMA N 2 KOTA SOLOK***

*This study aims to see whether there is a Relationship between Problem Focused Coping and Academic Resilience in Students of SMA N 2 Kota Solok. This study was conducted on students of grades X, XI and XII of SMA N 2 Kota Solok with a sample size of 217 people, the research method used quantitative research with a simple random sampling technique. The measuring instruments used in this study were the problem focused coping scale and the academic resilience scale. The results of the validity coefficient on the problem focused coping scale ranged from 0.339 to 0.830. The results of the validity coefficient on the academic resilience scale ranged from 0.325 to 0.749. With a problem focused coping reliability coefficient of 0.937 and on the academic resilience scale of 0.912. Based on the results of the study, a correlation value of  $r = 0.547$  was obtained with a significance level of 0.000, the hypothesis test showed a relationship between problem focused coping and academic resilience in students of SMA N 2 Kota Solok and a positive relationship between the two was obtained. The higher the problem focused coping, the higher the academic resilience, conversely the lower the problem focused coping, the lower the academic resilience. The effective contribution of the problem focused coping variable to academic resilience in students of SMA N 2 Kota Solok is 30%*

***Keywords: problem focused coping, academic resilience, students, SMAN, correlation***