

ABSTRAK

THE RELATIONSHIP BETWEEN PROBLEM FOCUSED COPING AND ACADEMIC PROCRASTINATION IN TAHFIZ AL-QUR'AN DEPOSITS IN BOARDING STUDENTS AT SMA NEGERI 1 PASAMAN

This study aims to determine the relationship between problem focused coping and academic procrastination in depositing tahfiz al-Qur'an in boarding students at SMA Negeri 1 Pasaman. The research variables are problem focused coping (X) and academic procrastination (Y). The data collection method is distributing questionnaires with total sampling, total sampling is a sampling technique in which all members of the population are sampled. The total population of research objects is less than 100, namely 89 people. Measuring tools used in this research are academic procrastination scale and problem focused coping scale. The data analysis method used for testing the hypothesis in this study uses the Pearson product moment correlation (Pearson) which is used with the help of IMB SPSS version 21.0, which shows that the correlation value is $r = (r) = -0.588$ with a value of $p = 0.000 < 0.01$ which means that there is a very significant relationship between negative values on the correlation coefficient indicating a negative relationship between Problem Focused Coping and Academic Procrastination in boarding students at Pasaman 1 Public High School, meaning that if the Problem Focused Coping scores of boarding students at Pasaman 1 Public High School are high then Academic Procrastination students are low, conversely if the Problem Focused Coping of dormitory students at SMA Negeri 1 Pasaman is low, the students' Academic Procrastination is high. The effective contribution of the Problem Focused Coping variable to Academic Procrastination is 35%.

Keywords: Problem Focused Coping, Academic Procrastination and Al-Qur'an Tahfiz Deposits.

ABSTRAK

HUBUNGAN ANTARA *PROBLEM FOCUSED COPING* DENGAN PROKRASTINASI AKADEMIK DALAM SETORAN TAHFIZ AL-QUR'AN PADA SISWA ASRAMA DI SMA NEGERI 1 PASAMAN

Penelitian ini bertujuan untuk mengetahui hubungan antara *problem focused coping* dengan prokrastinasi akademik dalam setoran tahfiz al-qur'an pada siswa asrama di SMA Negeri 1 Pasaman. Variabel penelitian yaitu *problem focused coping* (X) dan prokrastinasi akademik (Y). Metode pengumpulan data menyebar kuesioner dengan sampling total, sampling total adalah teknik pengambilan sampel dimana seluruh anggota populasi dijadikan sampel semua. Jumlah populasi dari objek penelitian kurang dari 100 yaitu 89 orang. Alat ukur yang digunakan dalam penelitian ini adalah skala prokrastinasi akademik dan skala *Problem focused coping*. Metode analisis data yang digunakan untuk pengujian hipotesis dalam penelitian ini menggunakan korelasi (Pearson) *product moment pearson* yang digunakan dengan bantuan IMB SPSS versi 21.0, yang menunjukkan bahwa nilai korelasi $r = (r) = -0.588$ dengan nilai $p = 0,000 < 0,01$ yang berarti terdapat hubungan yang sangat signifikan antara Nilai yang negatif pada koefisien korelasi menunjukkan hubungan negatif antara *Problem Focused Coping* terhadap Prokrastinasi Akademik pada siswa asrama di SMA Negeri 1 Pasaman, artinya jika nilai *Problem Focused Coping* siswa asrama di SMA Negeri 1 Pasaman tinggi maka Prokrastinasi Akademik siswa rendah, sebaliknya jika *Problem Focused Coping* siswa asrama di SMA Negeri 1 Pasaman rendah maka Prokrastinasi Akademik siswa tinggi. Adapun sumbangan efektif dari variable *Problem Focused Coping* terhadap Prokrastinasi Akademik adalah sebesar 35%.

Kata Kunci : *Problem Focused Coping*, Prokrastinasi Akademik dan Setoran Tahfiz Al-Qur'an.