

ABSTRAK

HUBUNGAN ANTARA EFIKASI DIRI DENGAN *SELF DIRECTED LEARNING* PADA SISWA DI SMK NEGERI 8 PADANG

Penelitian ini bertujuan untuk mengetahui ada hubungan antara Efikasi Diri dengan *Self Directed Learning* pada siswa di SMK NEGERI 8 Padang. Variabel bebas adalah Efikasi Diri dan variabel terikat adalah *Self Directed Learning*. Alat ukur yang digunakan dalam penelitian ini menggunakan sampel *Simpel Random Sampling*. Sampel dalam penelitian ini berjumlah 216 siswa SMKN 8 Padang. Uji validitas dan reliabilitas dalam penelitian ini menggunakan teknik *Alpha Cronbach*. Hasil koefisien validitas pada skala Efikasi Diri bergerak dari $r_{xy} = 0,300$ ke $r_{xy} = 0,797$ dengan koefisien reliabilitas $\alpha = 0,929$, sedangkan koefisien validitas skala *Self Directed Learning* berpindah dari $r_{xy} = 0,321$ ke $r_{xy} = 0,839$ dengan koefisien reliabilitas $\alpha = 0,932$. Berdasarkan analisis data, diperoleh nilai korelasi $r = 0,332$ dengan tingkat signifikansi $p = 0,000$, artinya hipotesis diterima. Ada hubungan yang positif dan signifikan antara Efikasi Diri dengan *Self Directed Learning* pada siswa SMK NEGERI 8 Padang. Sumbangan efektif dari Efikasi Diri dengan *Self Directed Learning* sebesar 11%.

Kata kunci : Efikasi Diri, *Self Directed Learning*, SMK

ABSTRACT

THE RELATIONSHIP BETWEEN SELF-EFFICIENCY AND SELF DIRECTED LEARNING FOR STUDENTS IN STATE VOCATIONAL SCHOOL 8 PADANG

This study aims to determine whether there is a relationship between Self-Efficacy and Self Directed Learning in students at SMK NEGERI 8 Padang. The independent variable is Self Efficacy and the dependent variable is Self Directed Learning. The measuring instrument used in this study uses a Simple Random Sampling sample. The sample in this study was 216 students of SMKN 8 Padang. Test the validity and reliability in this study using Alpha Cronbach technique. The results of the validity coefficient on the Self-Efficacy scale moved from $r_{xy} = 0.300$ to $r_{xy} = 0.797$ with a reliability coefficient $\alpha = 0.929$, while the validity coefficient on the Self Directed Learning scale moved from $r_{xy} = 0.321$ to $r_{xy} = 0.839$ with a reliability coefficient $\alpha = 0.932$. Based on data analysis, obtained a correlation value of $r = 0.332$ with a significance level of $p = 0.000$, meaning that the hypothesis is accepted. There is a positive and significant relationship between Self-Efficacy and Self-Directed Learning in students at SMK NEGERI 8 Padang. The effective contribution of Self-Efficacy with Self-Directed Learning is 11%.

Keywords: Self Efficacy, Self Directed Learning, SMK