ABSTRAK

HUBUNGAN ANTARA *SELF AWARENEES* DENGAN *SELF EFFICACY* PADA SANTRI TINGKAT KEDUA DI PONDOK PESANTREN DARUL MURSYIDIN KABUPATEN PASAMAN BARAT

Penelitian ini bertujuan untuk mengetahui hubungan *self awareness* dengan *self efficacy* pada santri tingkat kedua di pondok pesantren Darul Mursyidin Kabupaten Pasaman Barat. Variabel bebas dalam penelitian ini adalah *self awareness* dan variabel terikat adalah *self efficacy*. Alat ukur yang digunakan dalam penelitian ini adalah skala *self awareness* dan skala *self efficacy*. Teknik pemilihan sampel dalam penelitian ini adalah teknik *sampling jenuh* . Sampel dalam penelitian ini adalah 97 pada santri tingkat kedua di pondok pesantren Darul Mursyidin Kabupaten Pasaman Barat. Uji validitas dan reliabilitas pada penelitian ini menggunakan teknik *alpha cronbach*. Hasil koefesien validitas pada skala *self awareness* berkisar antara 0,319 sampai dengan 0,720. Hasil koefesien validitas pada skala *self efficacy* berkisar antara 0.300 sampai dengan 0.780. Dengan koefesien reliabilitas *self awareness* sebesar 0.938 dan pada skala *self efficacy* sebesar 0.909. Berdasarkan analisis data, diperoleh nilai korelasi antara *self awareness* dan *self efficacy* sebesar r = 0.549 dengan taraf signifikan p = 0.000 yang berarti hipotesis diterima. Menunjukkan hubungan dengan taraf sedang dan berarah positif, artinya semakin tinggi *self awareness* maka semakin tinggi *self efficacy* dan sebaliknya semakin rendah *self awareness* maka semakin rendah *self efficacy*. Hal ini menunjukkan bahwa ada hubungan yang signifikan antara *self awareness* dengan *self efficacy* pada santri tingkat kedua di pondok pesantren Darul Mursyidin Kabupaten Pasaman Barat.

Kata Kunci: self awareness, self efficacy, santri, pesantren.

ABSTRACT

THE RELATIONSHIP BETWEEN SELF AWARANEES AND SELF EFFICACY AT SECOND LEVEL STUDENTS AT THE DARUL MURSYIDIN ISLAMIC BOARDING SCHOOL PASAMAN BARAT DISTRICT

This study aims to determine the relationship between self-awareness and self-efficacy in second grade students at the Darul Mursyidin Islamic boarding school, West Pasaman Regency. The independent variable in this study is self-awareness and the dependent variable is self-efficacy. Measuring tools used in this study are the self-awareness scale and self-efficacy scale. The sample selection technique in this study is saturated sampling technique. The sample in this study was 97 students at the second level at the Darul Mursyidin Islamic boarding school, West Pasaman Regency. Test the validity and reliability in this study using the alpha cronbach technique. The results of the validity coefficient on the self-awereness scale ranged from 0.319 to 0.720. The results of the validity coefficient on the self-efficacy scale ranged from 0.300 to 0.780. With a self-awereness reliability coefficient of 0.938 and on a self-efficacy scale of 0.909. Based on data analysis, the correlation value between self-awareness and self-efficacy was obtained by r = 0.549 with a significant level of p = 0.000, which means the hypothesis is accepted. Shows a relationship with a moderate level and a positive direction, meaning that the higher the self-awereness, the higher the self-efficacy and vice versa, the lower the self-awareness, the lower the self-efficacy. This shows that there is a significant relationship between self-awareness and self-efficacy in second-level students at the Darul Mursyidin Islamic boarding school, West Pasaman Regency.

Keywords: self awareness, self efficacy, students, pesantren.