

DAFTAR PUSTAKA

- Adelino, M.I., Kumala, A., Farid, M., Dewi, A. (2023). Ergonomi Fisik. Sukabumi: Haura Utama
- Anwardi., Ikhsan, M., Nofirza., Harpito., Ari, A. M. (2019). Perancangan Alat Bantu Memanen Karet Ergonomis Guna Mengurangi Resiko *Musculoskeletal Disorder* Menggunakan Metode RULA dan EFD. *Jurnal Teknik Industri*, 5(2), 139-147.
- Aqib, Z., Rasidi, M. H. (2019). Metologi Penlitian Pendidikan. Yogyakarta: ANDI Yogyakarta.
- Ariyo, P., Nuruddin, M. (2022). Analisis Postur Tubuh Pekerja Di Graph Multimedia Menggunakan Metode Rula (*Rapid Upper Limb Assessment*) Untuk Mengetahui Tingkat Resiko Pekerja Printing. *Jurnal Teknik Industri*, 8(2), 295-304.
- Balaka, Y. (2022). Metodologi Penelitian Kuantitatif. Bandung: Widina Bhakti Persada Bandung.
- Bori, G., Bhattacharyya, N. (2020). *Postural Assessment of Women Workers Involved in Various Handloom Activities. International Journal of Current Microbiology and Applied Sciences*. 9(10), 3585-3591.
- Brider, R. S. (2018). *Introduction to Human Factors and Ergonomics*. Boca Raton: CRC Press is an imprint of Taylor & Francis Group.
- Darmanah, G. (2019). Metode Penelitian, Lampung Selatan: CV. Hira Tech.
- Davies, K., Weale, V., Oakman, J. (2023). *A Participatory Ergonomics Intervention To Re-Design Work And Improve The Musculoskeletal Health Of Paramedics: Protocol For A Cluster Randomised Controlled Trial*. *BMC Musculoskeletal Disorders*, 24(716), 1-14.
- Erlina, C. I. (2021). Analisis Postur Kerja Dan Kelelahan Pada Pekerja. Aceh: Sefa Bumi Persada.
- Fiatno, A., Muhammad, R., Pratiwi, N. D., Mubaroq, I., Rahman, A. (2019). Analisis Postur Tubuh Pekerja Mesin Pembelah Kayu Di Industri Mebel Supri Menggunakan Metode RULA. *Jurnal Teknik Industri Terintegrasi (JUTIN)*, 1(2), 13-16.
- Gallagher, S., Schall Jr, M. C., Sesek, R. F., & Huangfu, R. (2018). An upper extremity risk assessment tool based on material fatigue failure theory: the distal upper extremity tool (DUET). *Human factors*, 60(8), 1146-1162.
- Hamdy, M. I., Nur, M., Ari, A. M., Suheri, F. E. (2019). Analisa Postur Kerja *Manual Material Handling (MMH)* pada Karyawan Bagian Pembuatan *Block* Menggunakan Metode *Rapid Upper Limb Assessment (RULA)* (Studi Kasus: PT Asia Forestama Raya). *Jurnal Teknik Industri*, 5(1), 62-65.
- Hasheminejad, N., Choobineh, A., Mostafavi, R., Tahernejad, S., Rostami, M. (2021). *Prevalence Of Musculoskeletal Disorders, Ergonomics Risk Assessment And*

- Implementation Of Participatory Ergonomics Program For Pistachio Farm Workers. Medical de Lavoro*, 112(4), 292-305.
- Hidayatullah, M. D. (2021). Potensi Gangguan Work Related Musculoskeletal Disorders Selama Bekerja Dari Rumah Bagi Akademis. *Jurnal Penelitian Perawat Profesional*, 3(2), 311-317.
- Hutabarat., J. (2017). Dasar Dasar Pengetahua Ergonomi. Malang: Media Nusa Creative.
- Iridiastadi, H., Vani, T., Yamin, P. A. R. (2020). *Biomechanical Evaluation of a Patient-Handling Technology Prototype*. *International Journal of Technology*, 11(1), 180-189.
- Jain, M., Sharma, D. K., Kulshrestha, R., Hota, H. S. (2023). *Applications of Mathematical Modeling, Machine Learning, and Intelligent Computing for Industrial Development*. Oxon: CRC Press is an imprint of Taylor & Francis Group.
- Kurniawan, I., Hunusalela, Z. F., & Murgani, R. (2022). Usulan Fasilitas Kerja Menggunakan Metode WERA, NERPA, dan Software Sketchup. *Jurnal Optimasi Teknik Industri (JOTI)*, 4(2), 67-73.
- Kusumastuti, A., Khoirin, A. M. (2019). Metode Penelitian Kualitatif. Semarang: Lembaga Pendidikan Sukarno Pressindo (LPSP).
- Nacion, A. L. C., Tangcuangco, A. L. (2019). *Utilization of Participatory Ergonomics for Workstation Evaluation Towards Productive Manufacturing*. *International Journal of Engineering and Advanced Technology (IJEAT)*, 9(1), 579-584.
- Narsia, R. H., Raj, J. O. (2020). *Participatory Ergonomics: Work Related Musculoskeletal Disorders among Cashew Nut Factory Workers in Karkala Taluka*. *Acta Scientific Orthopaedics*, 3(6), 36-40.
- Norouzi, S., Tavafian, S. S., Cousins, R., Mokarami, H. (2021). *Study Protocol For A Randomized Controlled Trial To Improve The Quality Of Life Of Housewives With Musculoskeletal Disorders: A Health Promotion Intervention Based On A Participatory Ergonomic Approach—The Housewives Ergonomic Intervention (HEI) Trial*. *Clinical Trials.gov*, 22(490), 1-10.
- Mohammadpour, H., Jalali, M., Moussavi-Najarkola, S. A., Farhadi, S., Kangavari, M., & Sartang, A. G. (2018). Ergonomic risk assessment of distal upper extremities by job strain index in carpet weavers. *Health Scope*, 7(1).
- Oesman, T. I., Irawan, E., Wisnubroto, P. (2019). Analisis Postur Kerja dengan RULA Guna Penilaian Tingkat Risiko *Upper Extremity Work-Related Musculoskeletal Disorders*. Studi Kasus PT. Mandiri Jogja Internasional. *Jurnal Ergonomi Indonesia (The Indonesian Journal of Ergonomic)*, 5(1), (39-46).
- Portzman, C., Whiton, F., Kerpchar, J., Lewandowski, C.R., Stenberg, S. & Grounds, P. (2018) *The Lean Practitioner's Field Book*. Amerika Serikat: Taylor & Francis.
- Rasmussen, C. D. N., Sorensen, O. H., Beek, A. J. V. D., Holtermann, A. (2020). *The Effect Of Training For A Participatory Ergonomic Intervention On Physical Exertion And Musculoskeletal Pain Among Childcare Workers (The TOY*

- Project) – A Wait-List Cluster-Randomized Controlled Trial. Scand J Work Environ Health*, 46(4), 429-436.
- Ridlo, I. A., Intiasari, A. D., Firdausi, N. J., Putri, N. K., Adriansyah, A. A., Sandra, C., Laksono, A. D. (2018). FGD Dalam Penelitian Kesehatan. Surabaya: Pusat Penerbit dan Percetakan Universitas Airlangga (AUP).
- Sari, V. D., Iftadi, Irwan., Suletra, I. W. (2021). Evaluasi Kondisi Kerja Pada Ukm Percetakan Menggunakan *Work Improvement In Small Enterprises* (WISE). *Jurnal INTECH Teknik Industri Universitas Serang Raya*, 7(1), 45-55.
- Siska, M., Saputra, E., & Candra, R.M. (2019). Ergonomic Evaluation and Redesign Manual Brick Work Station in The Village of Sail. *Journl In MATEC Web of Conferences*, 1(259), 1-5.
- Sugarda, Y. B. (2020). Panduan Praktis Pelaksanaan *Focus Group Discussion* sebagai metode riset kualitatif. Jakarta: PT. Gramedia Pustaka Utama.
- Suhardi, B., Citrawati, A., Astuti, D. R. (2021). Ergonomi Partisipatori Implementasi Bidang Kesehatan Dan Keselamatan Kerja. Yogyakarta: Deepublish.
- Suhendar, A., Sinaga, A. B., Supriyadi, A. F., Kusmasari, W. (2023). Analisis Risiko *Musculoskeletal Disorders* (MSDs) pada Pekerjaan Pengangkutan Galon Air Mineral. *Jurnal INTECH Teknik Industri Universitas Serang Raya*, 9(1), 71-78.
- Sukapto, P., Oktavia, J. R., Pundarikasutra, P. A. D., Ariningsih, P. K., Susanto, S. (2019). *Improving Occupational Health And Safety And In The Home-Based Footwear Industry Through Implementation Of Ilo-Patris, Nosacq-50 And Participatory Ergonomics: A Case Study. International Journal of Technology*, 10(5), 908-217.
- Suriya., M., Zuriati. (2019). Buku Ajar Asuhan Keperawatan Medikal Bedah Gangguan Pada Sistem Muskuloskeletal Aplikasi Nanada NIC & NOC. Padang: Pustaka Galeri Mandiri.
- Susanti., L., Zadry., H. R., Yuliandra., B. (2015). Pengantar Ergonomi Industri. Padang: Andalas University Press.
- Tungga, R. D., Herwanto, D., Nugraha, A. E. (2022). Analisis Postur Kerja Aktivitas Pemindahan Barang Dengan Metode *Rapid Upper Limb Assessment* (RULA) Di Ukm Sembako Asri Karawang. *Industri Inovatif - Jurnal Teknik Industri ITN Malang*, 30-36.
- Valentine, A., Wisudawati, N. (2020). Analisis Postur Kerja pada Pengangkutan Buah Kelapa Sawit menggunakan Metode RULA dan REBA. *Integrasi Jurnal Ilmiah Teknik Industri*, 2(1), 1-5.
- Visser, S., Molen, H. F. V. D., Sluiter, J. K., Dresen, M. HW. F. (2019). *Evaluation of the effects of two alternative participatory ergonomics intervention strategies for construction companies. Informa UK Limited, trading as Taylor & Francis Group*, 62(1), 42-51.
- Wibawa, I. M. S., Nurjani, N. P. S. (2023). Intervensi Ergonomi Dalam Penggunaan Vibrator Sebagai Alat Pemadat Beton. *Vastuwidya*, 6(1), 1-8
- Widyanti., A., Pratama, B. G. (2022). Ergonomi Kognitif. Bandung: PT Remaja Rosdakarya.

- Yassierli., Pratama, B. G., Pujiartati, A. D., Yamin, R. A. P. (2020). Ergonomi Industri. Bandung: PT Remaja Rosdakarya.
- Yuliarty, P., Wibowo, A. (2019). Tingkat Risiko Pekerja Pada Mesin *Piercing Tube* Dengan Menggunakan Metode *Rapid Entire Body Assessment* (REBA) Dan *Rapid Upper Limb Assessment* (RULA) Di Departemen *Press Shop* Pt. X. Industri Inovatif - Jurnal Teknik Industri ITN Malang, 30-37.