

ABSTRAK

HUBUNGAN *SELF-REGULATED LEARNING* DENGAN *FLOW* AKADEMIK SISWA KELAS XII SMA N 1 KUBUNG SOLOK

Tujuan peneliti melakukan penelitian ini adalah untuk mengetahui hubungan *self-regulated learning* dengan *flow* akademik siswa kelas XII SMA N 1 Kubung Solok. Variabel dependen dalam penelitian ini adalah *flow* akademik dan Variabel independen dalam penelitian ini adalah *self-regulated learning*. Alat ukur yang digunakan dalam penelitian ini adalah skala *flow* akademik dan skala *self-regulated learning*. Teknik pengambilan sampel dalam penelitian ini adalah *probability sampling* yaitu, teknik pengambilan sampel yang memberikan peluang yang sama bagi setiap unsur (anggota) populasi untuk dipilih menjadi anggota sampel. Teknik *probability sampling* yang digunakan adalah *simple random sampling*. Alasan peneliti mengambil *random sampling* karena peneliti tidak menetapkan kriteria untuk dijadikan sampel dalam penelitian. Setiap siswa-siswi kelas XII berhak menjadi sampel dalam penelitian. Dikatakan simple (sederhana) karena pengambilan anggota sample dari populasi dilakukan secara acak tanpa memperhatikan strata yang ada dalam populasi itu. Jumlah populasi kelas XII 284 orang dengan jumlah kekeliruan 10% berdasarkan tabel Isac dan Michael maka jumlah dalam sampel penelitian adalah sebanyak 138 orang. *Flow* akademik berkisar antara 0,352 sampai dengan 0,827, sedangkan koefisien reabilitasnya sebesar 0,941. Koefisien validitas pada hubungan *self-regulated learning* bergerak dari 0,306 sampai dengan 0,628 sedangkan koefisien reabilitasnya sebesar 0,895. Berdasarkan analisis data, diperoleh nilai korelasi sebesar 0,376 dengan taraf signifikansi 0,000 ($p < 0,01$) yang berarti hipotesis diterima. Hal ini menunjukkan bahwa ada hubungan yang sangat signifikan antara *self-regulated learning* dengan *flow* akademik siswa kelas XII SMA N 1 Kubung Solok. Hal ini berarti hipotesis diterima, sumbangan efektif *self-regulated learning* terhadap *flow* akademik siswa kelas XII SMA N 1 Kubung Solok sebesar 14,1%.

Kata Kunci: *self-regulated learning*, *flow* akademik, siswa

ABSTRACT

THE RELATIONSHIP BETWEEN SELF-REGULATED LEARNING WITH ACADEMIC FLOW OF CLASS XII STUDENTS OF SMA N 1 KUBUNG SOLOK

The purpose of the researchers in conducting this research was to determine the relationship between self-regulated learning and the academic flow of class XII students at SMA N 1 Kubung Solok. The dependent variable in this study is academic flow and the independent variable in this study is self-regulated learning. The measurement tools used in this research are the academic flow scale and the self-regulated learning scale. The sampling technique in this study is probability sampling, that is, a sampling technique that provides equal opportunities for each element (member) of the population to be selected as a member of the sample. The probability sampling technique used is simple random sampling. The reason researchers took random sampling because researchers did not set criteria to be sampled in the study. Every class XII student has the right to be a sample in the study. It is said to be simple (simple) because the taking of sample members from the population is done randomly without regard to the strata in that population. The population of class XII is 284 people with an error of 10% based on the Isac and Michael tables, so the number in the research sample is 138 people. Academic flow ranged from 0.352 to 0.827, while the reliability coefficient was 0.941. The validity coefficient on the self-regulated learning relationship moves from 0.306 to 0.628 while the reliability coefficient is 0.895. Based on data analysis, a correlation value of 0.376 was obtained with a significance level of 0.000 ($p < 0.01$), which means the hypothesis is accepted. This shows that there is a very significant relationship between self-regulated learning and the academic flow of class XII students at SMA N 1 Kubung Solok. This means that the hypothesis is accepted, the effective contribution of self-regulated learning to the academic flow of class XII students at SMA N 1 Kubung Solok is 14.1%.

Keywords: self-regulated learning, academic flow, students