

ABSTRAK

HUBUNGAN ANTARA RELIGIUSITAS DENGAN *HAPPINESS* PADA REMAJA DI PANTI ASUHAN KHUSUS ANAK MENTAWAI

Peneliti ini bertujuan untuk mengetahui hubungan antara religiusitas dengan *happiness* pada remaja panti asuhan khusus anak mentawai. Alat ukur yang digunakan dalam penelitian ini adalah skala religiusitas dan skala *happiness*. Teknik pengumpulan sampel dalam penelitian ini menggunakan sampel *purposive sampling*. Sampel dalam penelitian ini berjumlah 59 remaja yang tinggal dan berada di panti asuhan khusus anak mentawai. Uji validitas dan reliabilitas dalam penelitian ini menggunakan *Alpha Cronbach*. Hasil koefisien validitas pada skala religiusitas berpindah dari $r_{xy} = 0,322$ ke $r_{xy} = 0,700$ dengan koefisien reliabilitas $\alpha = 0,921$, sedangkan koefisien validitas pada skala *happiness* berpindah dari $r_{xy} = 0,361$ ke $r_{xy} = 0,801$ dengan koefisien reliabilitas $\alpha = 0,889$. Berdasarkan analisis data, diperoleh nilai korelasi $r = 0,458$ dengan tingkat signifikansi $p = 0,000$, artinya hipotesis diterima. Hal ini menunjukkan bahwa terdapat hubungan yang signifikan antara religiusitas dengan *happiness* pada remaja panti asuhan khusus anak mentawai dengan arah hubungan positif. Kontribusi efektif dari religiusitas terhadap *happiness* sebesar 21%.

Kata kunci : Religiusitas, *Happiness*, Remaja

ABSTARCT

THE RELATIONSHIP BETWEEN RELIGIOSITY AND HAPPINESS IN ADOLESCENTS IN SPECIALIZED ORPHANAGES SON OF MENTAWAI

This researcher aims to determine the relationship between religiosity and happiness in adolescents in special orphanages for mentawai children. The measuring instruments used in this study are the religiosity scale and the happiness scale. The sample collection technique in this study used purposive sampling samples. The sample in this study was 59 adolescents who lived and were in a special orphanage for mentawai children. Validity and reliability tests in this study used Alpha Cronbach. The result of the validity coefficient on the religiosity scale goes from $r_{xy} = 0.322$ to $r_{xy} = 0.700$ with a reliability coefficient of $\alpha = 0.921$, while the coefficient of validity on the happiness scale passes from $r_{xy} = 0.361$ to $r_{xy} = 0.801$ with a reliability coefficient of $\alpha = 0.889$. Based on the analysis of the data, a correlation value of $r = 0.458$ with a significance level of $p = 0.000$ was obtained, meaning that the hypothesis was accepted. This shows that there is a significant relationship between religiosity and happiness in adolescents in special orphanages for mentawai children with a positive relationship direction. The effective contribution of religiuatas to happiness was 21%.

Keywords : Religiosity, Happiness, Adolescents